

15. Jedermann LAFIT Triathlon

16.8.2008 Neustrelitz/Prälank
Ergebnisliste Gesamt - weiblich



| Rng | Name, Vorname | Verein/Ort | Jg | Ak | AkRng | Schwimmen | Rng1 | Rad | Rng2 | Lauf | Rng3 | Endzeit |
|-----|-----------------------|---------------------------|------|-----|-------|-----------|------|---------|------|-------|------|---------|
| 1 | Jäkel, Julia | Greifswald | 1980 | W20 | 1 | 12:05 | 58 | 37:53 | 81 | 18:15 | 77 | 1:08:14 |
| 2 | Dressler, Katja | SV Turbine Neubrandenbur | 1966 | W40 | 1 | 12:23 | 69 | 41:01 | 138 | 17:46 | 62 | 1:11:10 |
| 3 | Krumreich, Julia | Hamburg | 1987 | W20 | 2 | 12:03 | 57 | 40:37 | 133 | 20:46 | 168 | 1:13:27 |
| 4 | Schulte, Sandra | Lafit-Sport | 1967 | W40 | 2 | 12:46 | 84 | 42:03 | 155 | 19:27 | 118 | 1:14:17 |
| 5 | Pense, Heike | Arnstadt | 1962 | W40 | 3 | 12:51 | 86 | 41:59 | 153 | 19:33 | 124 | 1:14:24 |
| 6 | Berndt, Manuela | Neubrandenburg | 1961 | W40 | 4 | 13:22 | 106 | 42:56 | 172 | 18:13 | 75 | 1:14:32 |
| 7 | Schnur-Krohn, Kerstin | Carpin | 1968 | W40 | 5 | 13:47 | 136 | 43:26 | 179 | 19:18 | 113 | 1:16:32 |
| 8 | Missal, Patrizia | Team Rotschopf meets Strz | 1987 | W20 | 3 | 15:03 | 210 | 42:58 | 173 | 19:11 | 109 | 1:17:13 |
| 9 | Eichhorst, Simone | HSG Uni Greifswald | 1967 | W40 | 6 | 14:45 | 193 | 42:15 | 161 | 20:22 | 153 | 1:17:22 |
| 10 | Falk, Stefanie | Berlin | 1977 | W30 | 1 | 13:22 | 105 | 43:37 | 182 | 20:24 | 155 | 1:17:23 |
| 11 | Seeliger, Maren | Eberswalder SV | 1990 | W16 | 1 | 10:06 | 11 | 43:39 | 184 | 24:50 | 238 | 1:18:37 |
| 12 | Mrotzek, Ute | Neustrelitz | 1962 | W40 | 7 | 13:21 | 103 | 45:12 | 202 | 20:35 | 161 | 1:19:09 |
| 13 | Renke, Julia | WSV Neustrelitz | 1990 | W16 | 2 | 15:50 | 238 | 41:42 | 150 | 21:51 | 190 | 1:19:24 |
| 14 | Aßmann, Dana | Neustrelitz | 1990 | W16 | 3 | 13:30 | 119 | 44:37 | 196 | 21:17 | 176 | 1:19:25 |
| 15 | Kumpe, Marie | Wismar | 1988 | W20 | 4 | 15:13 | 216 | 45:18 | 206 | 18:57 | 102 | 1:19:29 |
| 16 | Rieckhoff, Victoria | Neustrelitz | 1991 | W16 | 4 | 15:22 | 222 | 42:10 | 158 | 22:03 | 194 | 1:19:36 |
| 17 | Kuhlow, Kirsten | Plau am See | 1967 | W40 | 8 | 14:46 | 195 | 43:44 | 185 | 21:43 | 187 | 1:20:14 |
| 18 | Winter, Kerstin | Lafit-Sport | 1961 | W40 | 9 | 13:25 | 109 | 44:41 | 198 | 22:26 | 205 | 1:20:33 |
| 19 | Waterstraat, Swantje | Berlin | 1981 | W20 | 5 | 13:36 | 124 | 45:10 | 200 | 22:14 | 200 | 1:21:00 |
| 20 | Postleb, Anja | Neustrelitz | 1972 | W30 | 2 | 13:39 | 126 | 43:31 | 180 | 24:32 | 234 | 1:21:42 |
| 21 | Münn, Brita | Neustrelitz | 1963 | W40 | 10 | 14:28 | 172 | 46:23 | 227 | 22:08 | 197 | 1:23:00 |
| 22 | Wildermann, Siria | Eberswalde | 1984 | W20 | 6 | 15:02 | 208 | 47:33 | 238 | 20:52 | 170 | 1:23:28 |
| 23 | Bottin, Anette | Neubrandenburg | 1966 | W40 | 11 | 13:28 | 115 | 45:29 | 209 | 24:43 | 236 | 1:23:41 |
| 24 | Seperant, Anne | Neustrelitz | 1989 | W16 | 5 | 14:35 | 181 | 46:10 | 223 | 22:59 | 211 | 1:23:45 |
| 25 | Aßmann, Grit | Neustrelitz | 1987 | W20 | 7 | 15:00 | 206 | 49:14 | 254 | 20:58 | 171 | 1:25:14 |
| 26 | Langner, Andrea | SV Pommernland | 1962 | W40 | 12 | 14:57 | 204 | 45:32 | 210 | 25:04 | 240 | 1:25:34 |
| 27 | Meissner, Sabine | Neubrandenburg | 1959 | W40 | 13 | 15:55 | 239 | 48:36 | 246 | 21:11 | 173 | 1:25:44 |
| 28 | Rothe, Anke | Neubrandenburg | 1969 | W30 | 3 | 14:55 | 202 | 45:10 | 201 | 25:42 | 248 | 1:25:49 |
| 29 | Karl, Rita | Triathlontreffen e.V. | 1948 | W60 | 1 | 17:28 | 271 | 44:03 | 189 | 24:59 | 239 | 1:26:32 |
| 30 | Holland-Moritz, Grit | Suhl | 1970 | W30 | 4 | 16:09 | 246 | 47:03 | 233 | 23:50 | 224 | 1:27:04 |
| 31 | Gervelis, Marie | Neustrelitz | 1989 | W16 | 6 | 17:57 | 273 | 47:40 | 240 | 21:45 | 188 | 1:27:24 |
| 32 | Pietsch, Franziska | Neustrelitz | 1980 | W20 | 8 | 15:47 | 234 | 47:53 | 241 | 23:48 | 223 | 1:27:30 |
| 33 | Kolletzki, Rea | Neustrelitz | 1989 | W16 | 7 | 14:38 | 186 | 49:06 | 253 | 24:05 | 229 | 1:27:51 |
| 34 | Rosema, Anna | ITmedia-Nord | 1986 | W20 | 9 | 16:25 | 258 | 46:04 | 221 | 25:26 | 246 | 1:27:56 |
| 35 | Bottin, Anne | ITmedia-Nord | 1988 | W20 | 10 | 14:56 | 203 | 47:17 | 236 | 25:46 | 249 | 1:28:01 |
| 36 | Tiedt, Constance | WSV Neustrelitz | 1978 | W30 | 5 | 14:49 | 198 | 49:24 | 255 | 24:42 | 235 | 1:28:56 |
| 37 | Gößler, Nicole | | 1985 | W20 | 11 | 16:11 | 247 | 48:34 | 245 | 25:06 | 242 | 1:29:52 |
| 38 | Matzke, Karola | Neustrelitz | 1956 | W50 | 1 | 16:13 | 248 | 49:34 | 257 | 24:12 | 231 | 1:30:00 |
| 39 | Biefeld, Annett | SV Turbine Neubrandenbur | 1963 | W40 | 14 | 20:58 | 281 | 47:24 | 237 | 22:06 | 195 | 1:30:30 |
| 40 | Tschörner, Mechthild | SFV Ihlenfeld | 1952 | W50 | 2 | 16:23 | 255 | 48:20 | 244 | 25:47 | 250 | 1:30:32 |
| 41 | Zirnstein, Katrin | Berlin | 1964 | W40 | 15 | 14:34 | 179 | 51:03 | 264 | 25:05 | 241 | 1:30:43 |
| 42 | Prütz, Antje | Neustrelitz | 1964 | W40 | 16 | 16:01 | 243 | 49:34 | 256 | 25:13 | 243 | 1:30:49 |
| 43 | Ziaranova, Lenka | Liptovsky Mikulas` | 1985 | W20 | 12 | 16:26 | 259 | 46:12 | 224 | 28:21 | 268 | 1:31:01 |
| 44 | Rüß, Franke | Holzheim | 1971 | W30 | 6 | 15:33 | 226 | 49:54 | 258 | 27:18 | 261 | 1:32:47 |
| 45 | Vetter, Marie | Berliner Haie | 1989 | W16 | 8 | 10:57 | 33 | 57:03 | 275 | 27:10 | 260 | 1:35:11 |
| 46 | Fricke, Petra | Wesenberg | 1959 | W40 | 17 | 16:15 | 251 | 51:54 | 266 | 27:27 | 263 | 1:35:38 |
| 47 | Wanzek, Michael | Neustrelitz | 1967 | M40 | 84 | 16:14 | 250 | 55:29 | 271 | 24:00 | 227 | 1:35:44 |
| 48 | Tiemer, Steffi | Neustrelitz | 1986 | W20 | 13 | 17:02 | 266 | 52:13 | 268 | 27:09 | 259 | 1:36:25 |
| 49 | Engel, Ulrike | Engel and Friends Bad Orb | 1960 | W40 | 18 | 18:53 | 276 | 49:04 | 252 | 28:43 | 270 | 1:36:41 |
| 50 | Giese, Ina | Lafit-Sport | 1967 | W40 | 19 | 17:21 | 269 | 50:59 | 263 | 32:10 | 275 | 1:40:31 |
| 51 | Lenz, Anja | Berlin | 1987 | W20 | 14 | 15:49 | 236 | 55:36 | 273 | 30:26 | 272 | 1:41:52 |
| 52 | Fischer, Susan | Potsdam | 1976 | W30 | 7 | 19:24 | 277 | 55:29 | 272 | 28:34 | 269 | 1:43:28 |
| 53 | Fischer, Tabea | INGA FC | 1992 | W16 | 9 | 21:29 | 283 | 59:16 | 277 | 32:16 | 277 | 1:53:01 |
| 54 | Tegge, Ute | TSV Salmünster | 1969 | W30 | 8 | 19:36 | 278 | 1:03:58 | 279 | 32:11 | 276 | 1:55:45 |
| 55 | Mai, Susann | INGA FC | 1967 | W40 | 20 | 21:30 | 284 | 1:02:07 | 278 | 35:09 | 278 | 1:58:46 |

15. Jedermann LAFIT Triathlon

16.8.2008 Neustrelitz/Prälank
Ergebnisliste Gesamt - männlich



| Rng | Name, Vorname | Verein/Ort | Jg | Ak | AkRng | Schwimmen | Rng1 | Rad | Rng2 | Lauf | Rng3 | Endzeit |
|-----|-----------------------|----------------------------|------|-----|-------|-----------|------|-------|------|-------|------|---------|
| 1 | Wermann, Cornelius | Tri Fun Güstrow | 1976 | M30 | 1 | 9:08 | 3 | 31:35 | 2 | 14:37 | 2 | 55:20 |
| 2 | Blacksmith, Billy | Schmiede für flinke Hufe | 1971 | M30 | 2 | 10:02 | 9 | 31:44 | 4 | 13:47 | 1 | 55:35 |
| 3 | Matzke, Peter | Neustrelitz | 1961 | M40 | 1 | 9:15 | 4 | 32:24 | 6 | 14:41 | 3 | 56:21 |
| 4 | Galle, Thomas | SC- Riesa | 1980 | M20 | 1 | 9:02 | 2 | 32:47 | 7 | 15:18 | 5 | 57:08 |
| 5 | Waschow, Sven | HSG Uni Greifswald | 1979 | M20 | 2 | 9:33 | 6 | 32:18 | 5 | 16:43 | 31 | 58:35 |
| 6 | Pietschak, Bernd | Hamburg | 1975 | M30 | 3 | 10:08 | 12 | 31:43 | 3 | 17:08 | 39 | 58:59 |
| 7 | Preuß, Gunnar | Wendfeld | 1985 | M20 | 3 | 10:34 | 20 | 33:31 | 8 | 15:42 | 8 | 59:47 |
| 8 | Gephard, Johannes | WSV Wolfenbüttel | 1979 | M20 | 4 | 10:13 | 15 | 34:04 | 13 | 15:38 | 6 | 59:57 |
| 9 | Kumpe, Ole | Wismar | 1990 | M16 | 1 | 10:35 | 22 | 34:59 | 28 | 15:43 | 9 | 1:01:18 |
| 10 | Tausendfreund, Thomas | WSV Neustrelitz | 1970 | M30 | 4 | 11:56 | 55 | 33:43 | 11 | 15:41 | 7 | 1:01:21 |
| 11 | Krieger, Sandro | WSV Neustrelitz | 1983 | M20 | 5 | 10:36 | 23 | 35:02 | 30 | 16:01 | 13 | 1:01:40 |
| 12 | Schumann, Ronald | ST COMPUTER GmbH | 1963 | M40 | 2 | 10:27 | 17 | 35:22 | 34 | 16:15 | 18 | 1:02:05 |
| 13 | Wernecke, Carsten | MSC Waren | 1978 | M30 | 5 | 10:32 | 19 | 35:36 | 37 | 16:21 | 19 | 1:02:30 |
| 14 | Brust, Reiner | Rechliner Volleyballverein | 1962 | M40 | 3 | 10:34 | 21 | 35:21 | 33 | 16:38 | 27 | 1:02:34 |
| 15 | Haacker, Martin | Tri-Fighters | 1980 | M20 | 6 | 12:22 | 68 | 34:29 | 16 | 15:44 | 10 | 1:02:36 |
| 16 | Schubert, Dirk | SV SCN ENERGY Torgelow | 1966 | M40 | 4 | 11:29 | 41 | 34:38 | 19 | 16:33 | 26 | 1:02:41 |
| 17 | Geyer, Thomas | HSG Uni Greifswald | 1982 | M20 | 7 | 13:29 | 116 | 33:39 | 10 | 16:01 | 13 | 1:03:10 |
| 18 | Tschuden, Jens | WSV Neustrelitz | 1965 | M40 | 5 | 12:18 | 66 | 34:25 | 15 | 16:29 | 23 | 1:03:14 |
| 19 | Michael, Maciej | SC-Energie Torgelow | 1960 | M40 | 6 | 11:38 | 43 | 35:29 | 35 | 16:06 | 15 | 1:03:14 |
| 20 | Kalkbrenner, Ingo | Sport-Spaß | 1968 | M40 | 7 | 12:26 | 73 | 34:56 | 25 | 15:55 | 11 | 1:03:18 |
| 21 | Templin, Peter | Tri-Sport Neuhof | 1962 | M40 | 8 | 11:05 | 34 | 34:41 | 20 | 17:44 | 60 | 1:03:31 |
| 22 | Hillmann, Remo | SV Turbine Neubrandenbur | 1979 | M20 | 8 | 10:40 | 26 | 35:17 | 32 | 17:39 | 55 | 1:03:37 |
| 23 | Benschia, Eric | Berlin | 1977 | M30 | 6 | 8:22 | 1 | 37:30 | 74 | 17:55 | 65 | 1:03:47 |
| 24 | Fechner, Fritz | Neustrelitz | 1991 | M16 | 2 | 11:50 | 52 | 35:00 | 29 | 17:09 | 40 | 1:04:00 |
| 25 | Hübner, Jörg | Woldegk-Hinrichshagen | 1981 | M20 | 9 | 11:29 | 42 | 35:41 | 38 | 16:55 | 34 | 1:04:07 |
| 26 | Schmidt, Sebastian | Neustrelitz | 1984 | M20 | 10 | 13:43 | 133 | 34:16 | 14 | 16:13 | 17 | 1:04:12 |
| 27 | Hildebrand, Thomas | Team Lusche | 1980 | M20 | 11 | 10:48 | 28 | 36:40 | 57 | 16:45 | 32 | 1:04:14 |
| 28 | Liebenau, Björn | Eberswalder SV | 1986 | M20 | 12 | 10:14 | 16 | 36:57 | 64 | 17:08 | 38 | 1:04:20 |
| 29 | Rieckhoff, Frank | Neustrelitz | 1961 | M40 | 9 | 10:47 | 27 | 35:05 | 31 | 18:28 | 83 | 1:04:21 |
| 30 | Krüger, Jens | Berlin | 1973 | M30 | 7 | 12:30 | 75 | 34:36 | 18 | 17:20 | 45 | 1:04:26 |
| 31 | Binder, Matthias | MSC Waren | 1956 | M50 | 1 | 11:25 | 40 | 36:02 | 42 | 17:02 | 37 | 1:04:29 |
| 32 | Brumm, Ronny | Neubrandenburg | 1979 | M20 | 13 | 11:16 | 37 | 35:54 | 41 | 17:22 | 47 | 1:04:33 |
| 33 | Kube, Joachim | NZ-TriLegenden | 1969 | M30 | 8 | 10:06 | 10 | 35:30 | 36 | 19:00 | 103 | 1:04:37 |
| 34 | Zimmermann, André | Waren | 1971 | M30 | 9 | 12:11 | 63 | 34:47 | 23 | 17:40 | 56 | 1:04:38 |
| 35 | Neubauer, Tom | WSV Neustrelitz | 1986 | M20 | 14 | 11:06 | 35 | 36:17 | 49 | 17:18 | 42 | 1:04:42 |
| 36 | Voigt, Thomas | Löcknitz | 1975 | M30 | 10 | 12:34 | 79 | 34:42 | 21 | 17:29 | 51 | 1:04:45 |
| 37 | Fenger, Sebastian | Team Fenger | 1984 | M20 | 15 | 11:45 | 47 | 33:34 | 9 | 19:28 | 119 | 1:04:47 |
| 38 | Böckermann, Thomas | Grünow | 1965 | M40 | 10 | 11:49 | 51 | 34:50 | 24 | 18:32 | 86 | 1:05:12 |
| 39 | Fiehn, Heinz | Ueckermünde | 1956 | M50 | 2 | 12:33 | 78 | 36:40 | 58 | 16:08 | 16 | 1:05:22 |
| 40 | Stirnemann, Martin | SV Turbine Neubrandenbur | 1967 | M40 | 11 | 9:51 | 7 | 36:03 | 43 | 19:33 | 122 | 1:05:27 |
| 41 | Richter, Jens | BSG FSV Waldheim | 1966 | M40 | 12 | 12:58 | 89 | 35:42 | 39 | 17:00 | 36 | 1:05:41 |
| 42 | Harmuth, Steffen | Neustrelitz | 1982 | M20 | 16 | 13:02 | 91 | 36:12 | 44 | 16:42 | 30 | 1:05:56 |
| 43 | Seegert, Christopher | Klein Quassow Runners | 1981 | M20 | 17 | 13:03 | 94 | 34:04 | 12 | 18:49 | 96 | 1:05:57 |
| 44 | Bertram, Jens | HSG Uni Greifswald | 1973 | M30 | 11 | 10:31 | 18 | 36:34 | 54 | 18:53 | 100 | 1:05:58 |
| 45 | Weichhold, Günter | BSG FSV Waldheim | 1946 | M60 | 1 | 12:35 | 81 | 34:43 | 22 | 18:43 | 89 | 1:06:02 |
| 46 | Kreye, Jakob | ITmedia-Nord | 1988 | M20 | 18 | 12:24 | 71 | 36:59 | 65 | 16:47 | 33 | 1:06:11 |
| 47 | Dollase, Dirk | Greifswald | 1968 | M40 | 13 | 10:50 | 30 | 37:57 | 84 | 17:25 | 48 | 1:06:13 |
| 48 | Venzke, Klaus-Dieter | Neustrelitz | 1962 | M40 | 14 | 13:45 | 134 | 34:57 | 27 | 17:35 | 54 | 1:06:18 |
| 49 | Meier, Thomas | Tri Fun Güstrow | 1980 | M20 | 19 | 11:58 | 56 | 37:06 | 68 | 17:30 | 52 | 1:06:35 |
| 50 | Reinhold, Sebastian | WSV Neustrelitz | 1991 | M16 | 3 | 13:14 | 99 | 36:53 | 62 | 16:33 | 25 | 1:06:41 |
| 51 | Brumm, Tommi | Neubrandenburg | 1985 | M20 | 20 | 11:19 | 39 | 35:48 | 40 | 19:34 | 125 | 1:06:41 |
| 52 | Suhr, Steffen | Neustrelitz | 1978 | M30 | 12 | 13:12 | 97 | 37:01 | 66 | 16:31 | 24 | 1:06:44 |
| 53 | Zeidler, Philipp | Berliner Haie | 1983 | M20 | 21 | 10:49 | 29 | 36:32 | 53 | 19:28 | 121 | 1:06:51 |
| 54 | Malorny, Daniel | Krugsdorf | 1984 | M20 | 22 | 12:34 | 80 | 34:31 | 17 | 19:52 | 139 | 1:06:59 |
| 55 | Lenz, Wolfram | Neustrelitz | 1962 | M40 | 15 | 13:32 | 121 | 36:29 | 52 | 16:58 | 35 | 1:07:00 |

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|-----|----------------------|---------------------------|------|-----|----|-------|-----|-------|-----|-------|-----|---------|
| 56 | Malorny, Michael | HSV Torgelow | 1960 | M40 | 15 | 14:01 | 149 | 34:56 | 26 | 18:01 | 69 | 1:07:00 |
| 57 | Lemzer, Mario | Berliner Haie | 1989 | M16 | 4 | 9:51 | 8 | 38:41 | 96 | 18:28 | 84 | 1:07:02 |
| 58 | Sternberger, Franz | Berliner Haie | 1986 | M20 | 23 | 10:37 | 24 | 37:45 | 79 | 18:47 | 93 | 1:07:10 |
| 59 | Kumpe, Jens | Wismar | 1964 | M40 | 17 | 11:42 | 44 | 37:17 | 70 | 18:15 | 76 | 1:07:14 |
| 60 | Engel, Richard | Engel and Friends Bad Orb | 1956 | M50 | 3 | 13:17 | 101 | 36:43 | 59 | 17:21 | 46 | 1:07:21 |
| 61 | Templin, Stephan | PSV Ntz. | 1989 | M16 | 5 | 11:51 | 53 | 36:52 | 61 | 18:44 | 90 | 1:07:28 |
| 62 | Mehnert, Thomas | Long Distance LC | 1968 | M40 | 18 | 11:46 | 48 | 38:01 | 85 | 17:46 | 61 | 1:07:33 |
| 63 | Horn, Reiner | Neustrelitz | 1958 | M50 | 4 | 12:09 | 62 | 37:38 | 76 | 18:00 | 68 | 1:07:47 |
| 64 | Böttcher, Ingo | SG Q | 1974 | M30 | 13 | 12:08 | 61 | 37:19 | 71 | 18:20 | 80 | 1:07:47 |
| 65 | Zerbel, Ulf | NSP_Sport | 1969 | M30 | 14 | 11:43 | 45 | 37:26 | 72 | 18:47 | 94 | 1:07:57 |
| 66 | Grimmberger, Mario | SV Traktor Sarow | 1981 | M20 | 24 | 13:26 | 112 | 39:14 | 104 | 15:17 | 4 | 1:07:59 |
| 67 | Bollmann, Christian | Team Lusche | 1977 | M30 | 15 | 12:36 | 82 | 36:16 | 47 | 19:21 | 114 | 1:08:13 |
| 68 | Rosema, Frank | ITmedia-Nord | 1963 | M40 | 19 | 14:08 | 155 | 36:19 | 50 | 17:49 | 63 | 1:08:17 |
| 69 | Grund, Andreas | WSV Neustrelitz | 1960 | M40 | 20 | 13:40 | 128 | 36:20 | 51 | 18:28 | 85 | 1:08:29 |
| 70 | Weyland, Karsten | Neustrelitz | 1961 | M40 | 21 | 10:12 | 13 | 40:18 | 127 | 18:02 | 71 | 1:08:33 |
| 71 | Goldacker, Dirk | SSV Blau Weiß Gersdorf | 1966 | M40 | 22 | 13:30 | 118 | 37:51 | 80 | 17:26 | 49 | 1:08:47 |
| 72 | Truderung, Sven | ST COMPUTER GmbH | 1961 | M40 | 23 | 11:55 | 54 | 37:26 | 73 | 19:42 | 133 | 1:09:05 |
| 73 | Simm, Steffen | ESV Lok Ntz | 1974 | M30 | 16 | 13:32 | 122 | 36:44 | 60 | 18:51 | 97 | 1:09:08 |
| 74 | Block, Philipp | Neubrandenburg | 1982 | M20 | 25 | 13:11 | 96 | 36:57 | 63 | 19:09 | 107 | 1:09:18 |
| 75 | Zager, Igor | Surveyor-Team M.-V. | 1965 | M40 | 24 | 11:18 | 38 | 37:53 | 82 | 20:31 | 159 | 1:09:43 |
| 76 | Schmidt, Bastian | Luzern | 1979 | M20 | 26 | 12:14 | 64 | 39:23 | 107 | 18:06 | 72 | 1:09:44 |
| 77 | Tschuden, Mark | WSV Neustrelitz | 1990 | M16 | 6 | 12:21 | 67 | 37:34 | 75 | 19:52 | 138 | 1:09:47 |
| 78 | Renke, Frank | Neustrelitz | 1964 | M40 | 25 | 13:39 | 127 | 36:35 | 56 | 19:54 | 140 | 1:10:08 |
| 79 | Czarnowsky, Dominik | Ducherow | 1990 | M16 | 7 | 19:53 | 280 | 29:46 | 1 | 20:35 | 162 | 1:10:14 |
| 80 | Ruß, Florian | Neubrandenburg | 1979 | M20 | 27 | 14:30 | 175 | 38:24 | 93 | 17:27 | 50 | 1:10:21 |
| 81 | Kruse, Erik | Berlin | 1977 | M30 | 17 | 13:43 | 132 | 40:07 | 120 | 16:38 | 28 | 1:10:28 |
| 82 | Hoppe, Ferdinand | HT 04 Meudelfitz | 1983 | M20 | 28 | 12:07 | 60 | 41:11 | 143 | 17:16 | 41 | 1:10:36 |
| 83 | Schulz, Thomas | Neustrelitz | 1983 | M20 | 29 | 13:03 | 93 | 39:36 | 112 | 17:57 | 67 | 1:10:36 |
| 84 | Brast, Clemens | Segelverein Neubrandenbu | 1989 | M16 | 8 | 14:31 | 176 | 39:29 | 110 | 16:38 | 29 | 1:10:39 |
| 85 | Wiedemann, Martin | TC Neustrelitz | 1982 | M20 | 30 | 13:47 | 136 | 36:14 | 46 | 20:39 | 163 | 1:10:41 |
| 86 | Morten, Kai | Suntoucher Marwitz | 1968 | M40 | 26 | 13:25 | 110 | 39:08 | 100 | 18:17 | 78 | 1:10:51 |
| 87 | Rosenow, Klaus | Klein Trebbow | 1955 | M50 | 5 | 15:15 | 218 | 36:12 | 44 | 19:39 | 128 | 1:11:07 |
| 88 | Irmeler, Dietrich | Berlin | 1963 | M40 | 27 | 13:53 | 143 | 39:37 | 113 | 17:40 | 57 | 1:11:11 |
| 89 | Schäfer, Christian | Berlin | 1983 | M20 | 31 | 14:22 | 165 | 36:34 | 55 | 20:17 | 150 | 1:11:14 |
| 90 | Beier, Frank | NB-Drachen | 1968 | M40 | 28 | 13:52 | 141 | 37:53 | 83 | 19:28 | 120 | 1:11:14 |
| 91 | Maaß, Dr. Olaf | Frauenfeld (Schweiz) | 1974 | M30 | 18 | 13:55 | 145 | 39:18 | 105 | 18:02 | 70 | 1:11:16 |
| 92 | Thiede, Manfred | Wesenberg | 1953 | M50 | 6 | 14:43 | 191 | 37:17 | 69 | 19:22 | 115 | 1:11:22 |
| 93 | Moebius, Fabian | Neustrelitz | 1965 | M40 | 29 | 13:29 | 117 | 40:09 | 121 | 17:56 | 66 | 1:11:35 |
| 94 | Gerhardt, Andy | TSV 90 Röbel | 1978 | M30 | 19 | 13:57 | 146 | 39:56 | 116 | 17:42 | 59 | 1:11:36 |
| 95 | Sonnabend, Dieter | WSV Neustrelitz | 1955 | M50 | 7 | 12:28 | 74 | 38:37 | 95 | 20:41 | 166 | 1:11:47 |
| 96 | Daedelow, Holger | Neustrelitz | 1962 | M40 | 30 | 14:03 | 151 | 37:38 | 77 | 20:06 | 146 | 1:11:48 |
| 97 | Dede, Ludwig | ITmedia-Nord | 1967 | M40 | 31 | 14:13 | 159 | 38:23 | 92 | 19:12 | 110 | 1:11:49 |
| 98 | Unger, Dirk | Köthen | 1966 | M40 | 32 | 13:41 | 130 | 38:32 | 94 | 19:37 | 127 | 1:11:51 |
| 99 | Zellermann, Maik | Blankensee | 1966 | M40 | 33 | 13:50 | 139 | 38:56 | 99 | 19:09 | 106 | 1:11:55 |
| 100 | Eichhorst, Ralf | HSG Uni Greifswald | 1966 | M40 | 34 | 15:03 | 211 | 40:33 | 131 | 16:25 | 22 | 1:12:02 |
| 101 | Weber, Roland | Georgenhof | 1962 | M40 | 35 | 14:27 | 171 | 40:23 | 128 | 17:20 | 44 | 1:12:11 |
| 102 | Melinkat, Maik | Lafit-Sport | 1974 | M30 | 20 | 13:41 | 129 | 38:46 | 97 | 19:46 | 135 | 1:12:14 |
| 103 | Genscke, Gert | Hamburg | 1956 | M50 | 8 | 12:31 | 76 | 40:16 | 125 | 19:33 | 123 | 1:12:20 |
| 104 | Böhm, Rainer | SV Turbine Neubrandenbur | 1959 | M40 | 36 | 15:09 | 214 | 38:54 | 98 | 18:17 | 79 | 1:12:21 |
| 105 | Burmeister, Ralf | DRK Neubrandenburg | 1966 | M40 | 37 | 11:44 | 46 | 39:13 | 102 | 21:27 | 178 | 1:12:25 |
| 106 | Zech, Thomas | SV Turbine Neubrandenbur | 1962 | M40 | 38 | 14:59 | 205 | 40:10 | 122 | 17:20 | 43 | 1:12:30 |
| 107 | Hallex, Thomas | Useriner Zuchtbullen 1981 | 1981 | M20 | 32 | 11:48 | 50 | 43:06 | 176 | 17:41 | 58 | 1:12:36 |
| 108 | Ott, Mike | HSV Neubrandenburg | 1965 | M40 | 39 | 14:28 | 173 | 41:44 | 151 | 16:23 | 21 | 1:12:36 |
| 109 | Müller, Jan-Philip | RC Charlottenburg Berlin | 1984 | M20 | 33 | 14:05 | 153 | 36:16 | 48 | 22:16 | 201 | 1:12:39 |
| 110 | Gau, Mario | Anklam | 1988 | M20 | 34 | 15:43 | 233 | 39:25 | 108 | 17:33 | 53 | 1:12:41 |
| 111 | Müller, Karl - Heinz | TV Fürstenwalde | 1951 | M50 | 9 | 13:27 | 113 | 39:52 | 115 | 19:23 | 117 | 1:12:43 |
| 112 | Leipold, Karsten | Berlin | 1964 | M40 | 40 | 12:32 | 77 | 40:40 | 134 | 19:35 | 126 | 1:12:47 |
| 113 | Pooch, Matthias | Dresden | 1977 | M30 | 21 | 13:02 | 92 | 38:08 | 86 | 21:42 | 186 | 1:12:53 |
| 114 | Fechner, Frank | Neustrelitz | 1961 | M40 | 41 | 14:33 | 177 | 39:30 | 111 | 18:56 | 101 | 1:13:00 |
| 115 | Juhnke, Martin | WSV Neustrelitz | 1992 | M16 | 9 | 14:23 | 166 | 39:13 | 103 | 19:41 | 130 | 1:13:18 |
| 116 | Ortmann, Axel | Berlin | 1962 | M40 | 42 | 14:42 | 190 | 40:42 | 135 | 17:54 | 64 | 1:13:19 |
| 117 | Sander, Frank | Nachtelfen Berlin | 1968 | M40 | 43 | 13:36 | 125 | 40:54 | 136 | 18:52 | 98 | 1:13:23 |
| 118 | Müller, Jens | Neustrelitz | 1975 | M30 | 22 | 14:25 | 168 | 37:45 | 78 | 21:41 | 183 | 1:13:51 |
| 119 | Splitt, Maik | Berlin | 1965 | M40 | 44 | 14:34 | 180 | 40:31 | 130 | 18:46 | 91 | 1:13:52 |
| 120 | Bischoff, Sven | Team Lusche | 1970 | M30 | 23 | 12:25 | 72 | 38:22 | 91 | 23:10 | 213 | 1:13:58 |

| | | | | | | | | | | | | |
|-----|-------------------------|----------------------------|------|-----|----|-------|-----|-------|-----|-------|-----|---------|
| 121 | Bartsch, Rocco | Nachtelfen Berlin | 1967 | M40 | 45 | 14:29 | 174 | 40:14 | 124 | 19:18 | 112 | 1:14:02 |
| 122 | Brast, Harald | ITmedia-Nord | 1963 | M40 | 46 | 13:15 | 100 | 42:16 | 163 | 18:41 | 88 | 1:14:14 |
| 123 | Gustav, Jörg | Neustrelitz | 1966 | M40 | 47 | 15:58 | 241 | 39:12 | 101 | 19:12 | 110 | 1:14:22 |
| 124 | Haack, Georg | Berliner Haie | 1992 | M16 | 10 | 9:22 | 5 | 44:35 | 195 | 20:27 | 156 | 1:14:25 |
| 125 | Krummel, Gregor | Berliner Haie | 1986 | M20 | 35 | 10:52 | 32 | 39:29 | 109 | 24:04 | 228 | 1:14:26 |
| 126 | Grimme, Guido | Neustrelitz | 1969 | M30 | 24 | 12:54 | 87 | 41:05 | 140 | 20:27 | 157 | 1:14:27 |
| 127 | Großhennig, Jörg | WSV Neustrelitz | 1960 | M40 | 48 | 13:46 | 135 | 38:14 | 88 | 22:26 | 207 | 1:14:28 |
| 128 | Bilda, Erwin | SV Turbine Neubrandenbur | 1952 | M50 | 10 | 15:37 | 230 | 41:00 | 137 | 18:07 | 74 | 1:14:44 |
| 129 | Thiem, Ralf | Feldberger Seenlandschaft | 1962 | M40 | 49 | 13:10 | 95 | 39:40 | 114 | 22:13 | 199 | 1:15:04 |
| 130 | Hane, Matthias | Dähre | 1988 | M20 | 36 | 11:47 | 49 | 43:35 | 181 | 19:47 | 136 | 1:15:10 |
| 131 | Ebeling, Hans | Neustrelitz | 1951 | M50 | 11 | 14:35 | 182 | 40:37 | 132 | 20:00 | 145 | 1:15:13 |
| 132 | Seydl, Michael | Hamburg | 1965 | M40 | 50 | 13:42 | 131 | 40:00 | 117 | 21:39 | 182 | 1:15:23 |
| 133 | Mrozinski, Michael | HSG Uni Greifswald | 1967 | M40 | 51 | 17:17 | 267 | 42:08 | 157 | 16:00 | 12 | 1:15:25 |
| 134 | Funk, Edgar | Old Boys Grünow | 1964 | M40 | 52 | 13:53 | 142 | 40:05 | 119 | 21:34 | 180 | 1:15:33 |
| 135 | Fulda, Hendrik | Grünes Neustrelitz | 1972 | M30 | 25 | 12:06 | 59 | 41:37 | 148 | 21:56 | 192 | 1:15:41 |
| 136 | Lange, Alexander | Marlow | 1974 | M30 | 26 | 13:59 | 148 | 42:21 | 164 | 19:23 | 116 | 1:15:44 |
| 137 | Ernest, Klaus-Frank | Burg Stargard | 1959 | M40 | 53 | 14:11 | 156 | 41:14 | 144 | 20:20 | 152 | 1:15:46 |
| 138 | Nittel, Matthias | Neustrelitz | 1970 | M30 | 27 | 15:17 | 220 | 42:11 | 159 | 18:20 | 81 | 1:15:50 |
| 139 | Kabisch, Björn | HSV Neubrandenburg | 1975 | M30 | 28 | 21:19 | 282 | 38:10 | 87 | 16:22 | 20 | 1:15:52 |
| 140 | Wenzel, Frank | Wesenberg | 1963 | M40 | 54 | 14:21 | 164 | 41:10 | 142 | 20:24 | 154 | 1:15:56 |
| 141 | Zellermann, Ken | Blankensee | 1992 | M16 | 11 | 13:21 | 104 | 42:25 | 165 | 20:20 | 151 | 1:16:07 |
| 142 | Wiedemann, Ralf | Neustrelitz | 1953 | M50 | 12 | 14:46 | 194 | 40:12 | 123 | 21:17 | 175 | 1:16:16 |
| 143 | Wojcieszak, Ralf-Günter | Neustrelitz | 1955 | M50 | 13 | 14:48 | 197 | 43:14 | 178 | 18:34 | 87 | 1:16:37 |
| 144 | Steinke, Marko | Brunn | 1973 | M30 | 29 | 15:34 | 227 | 41:04 | 139 | 19:59 | 142 | 1:16:39 |
| 145 | Damerow, Heiko | Neustrelitz | 1965 | M40 | 55 | 12:56 | 88 | 41:40 | 149 | 22:07 | 196 | 1:16:44 |
| 146 | Seperant, Uwe | Neustrelitz | 1966 | M40 | 56 | 14:49 | 199 | 40:24 | 129 | 21:38 | 181 | 1:16:53 |
| 147 | Stark, Thorsten | Spiel und Spaß | 1960 | M40 | 57 | 14:39 | 187 | 41:53 | 152 | 20:30 | 158 | 1:17:03 |
| 148 | Rothe, René | SV Chemie Neubrandenburg | 1966 | M40 | 58 | 13:35 | 123 | 42:13 | 160 | 21:15 | 174 | 1:17:04 |
| 149 | Pfitzner, Sebastian | Neubrandenburg | 1971 | M30 | 30 | 13:31 | 120 | 44:58 | 199 | 18:49 | 95 | 1:17:19 |
| 150 | Annutsch, Thomas | Neustrelitz | 1969 | M30 | 31 | 13:54 | 144 | 40:16 | 126 | 23:11 | 214 | 1:17:22 |
| 151 | Illgas, Sven | Greifswald | 1962 | M40 | 59 | 15:26 | 223 | 41:14 | 145 | 20:40 | 164 | 1:17:22 |
| 152 | Paleit, Ingo | Sömmerda | 1962 | M40 | 60 | 15:01 | 207 | 42:43 | 168 | 19:44 | 134 | 1:17:29 |
| 153 | Becker, Michael | Waren (Müritz) | 1971 | M30 | 32 | 14:04 | 152 | 44:39 | 197 | 18:47 | 92 | 1:17:31 |
| 154 | Ruthenberg, Sven | Woldegk | 1980 | M20 | 37 | 14:02 | 150 | 40:03 | 118 | 23:28 | 219 | 1:17:33 |
| 155 | Jelken, Volker | Berlin | 1971 | M30 | 33 | 14:34 | 178 | 42:16 | 162 | 20:43 | 167 | 1:17:34 |
| 156 | Binder, Arne Björn | Team Rotschopf meets Str | 1987 | M20 | 38 | 15:32 | 225 | 43:46 | 186 | 18:20 | 82 | 1:17:40 |
| 157 | Benschia, Jan | Lafit-Sport | 1976 | M30 | 34 | 14:26 | 169 | 41:59 | 153 | 21:20 | 177 | 1:17:46 |
| 158 | Bandemer, Ken | Neubrandenburg | 1966 | M40 | 61 | 15:47 | 235 | 42:54 | 171 | 19:11 | 108 | 1:17:53 |
| 159 | Reißfelder, Daniel | Neubrandenburg | 1974 | M30 | 35 | 16:22 | 253 | 39:23 | 106 | 22:19 | 203 | 1:18:05 |
| 160 | Rahn, Axel | Neustrelitz | 1964 | M40 | 62 | 13:24 | 107 | 42:37 | 166 | 22:19 | 202 | 1:18:21 |
| 161 | Vetter, Martin | Berliner Haie | 1988 | M20 | 39 | 10:13 | 14 | 43:47 | 187 | 24:21 | 233 | 1:18:21 |
| 162 | Zwinscher, Paul | Berliner Haie | 1991 | M16 | 12 | 10:37 | 25 | 44:21 | 193 | 23:28 | 220 | 1:18:28 |
| 163 | Luck, Thorsten | Groß Kussewitz | 1977 | M30 | 36 | 13:18 | 102 | 44:22 | 194 | 20:52 | 169 | 1:18:33 |
| 164 | Wasmund, Marcel | Patisan Canow | 1980 | M20 | 40 | 17:58 | 274 | 38:16 | 89 | 22:46 | 210 | 1:19:01 |
| 165 | Riemer, Dirk | Lafit-Sport | 1970 | M30 | 37 | 17:20 | 268 | 38:20 | 90 | 23:22 | 216 | 1:19:03 |
| 166 | Kittler, Christoph | Berliner Haie | 1988 | M20 | 41 | 12:17 | 65 | 45:17 | 205 | 21:29 | 179 | 1:19:05 |
| 167 | Wohlath, Torsten | FHSG Stralsund | 1971 | M30 | 38 | 15:19 | 221 | 45:42 | 214 | 18:06 | 73 | 1:19:09 |
| 168 | Peters, Andreas | Union Wesenberg | 1960 | M40 | 63 | 14:20 | 163 | 44:12 | 191 | 20:40 | 165 | 1:19:14 |
| 169 | Behrend, Jürgen | MSC Waren | 1938 | M60 | 2 | 13:58 | 147 | 41:37 | 147 | 23:56 | 226 | 1:19:33 |
| 170 | Biesecker, Jean-Michel | Berliner Haie | 1992 | M16 | 13 | 10:51 | 31 | 48:41 | 248 | 20:00 | 144 | 1:19:33 |
| 171 | Dengler, Michael | Feldberg | 1960 | M40 | 64 | 14:37 | 184 | 45:20 | 207 | 19:41 | 131 | 1:19:40 |
| 172 | Postleb, Henry | Rostock | 1980 | M20 | 42 | 13:48 | 138 | 41:37 | 146 | 24:15 | 232 | 1:19:41 |
| 173 | Apitz, Bodo | ITmedia-Nord | 1959 | M40 | 65 | 12:24 | 70 | 43:14 | 177 | 24:05 | 230 | 1:19:44 |
| 174 | Richter, Harald | Berlin | 1964 | M40 | 66 | 12:49 | 85 | 45:15 | 204 | 21:41 | 183 | 1:19:45 |
| 175 | Säger, Matthias | Neustrelitz | 1978 | M30 | 39 | 14:47 | 196 | 46:21 | 226 | 18:52 | 99 | 1:20:02 |
| 176 | Bruse, Ralf | Neubrandenburg | 1960 | M40 | 67 | 13:51 | 140 | 42:52 | 170 | 23:34 | 222 | 1:20:18 |
| 177 | Prütz, Frank | Neustrelitz | 1959 | M40 | 68 | 16:23 | 256 | 44:16 | 192 | 19:42 | 132 | 1:20:23 |
| 178 | Tschörner, Wolfgang | SFV Ihlenfeld | 1950 | M50 | 14 | 16:50 | 262 | 44:09 | 190 | 20:12 | 147 | 1:21:12 |
| 179 | Schön, Günter | SC Oranienburg | 1942 | M60 | 3 | 14:18 | 161 | 42:05 | 156 | 25:14 | 244 | 1:21:38 |
| 180 | Fischer, Florian | INGA FC | 1991 | M16 | 14 | 16:22 | 254 | 45:49 | 218 | 19:48 | 137 | 1:22:01 |
| 181 | Nowag, Michael | TSG Dossenheim | 1963 | M40 | 69 | 16:46 | 261 | 45:38 | 213 | 19:40 | 129 | 1:22:05 |
| 182 | Krowiorsch, Christian | Nachtelfen Berlin | 1978 | M30 | 40 | 12:36 | 83 | 42:39 | 167 | 27:01 | 258 | 1:22:18 |
| 183 | Pejas, Robert | Berlin | 1980 | M20 | 43 | 14:36 | 183 | 45:25 | 208 | 22:22 | 204 | 1:22:24 |
| 184 | Luplow, Maik | Modellsportclub Neustrelit | 1982 | M20 | 44 | 14:51 | 200 | 43:00 | 174 | 24:47 | 237 | 1:22:39 |
| 185 | Tschierschke, Arne | coyote | 1977 | M30 | 41 | 17:21 | 270 | 45:14 | 203 | 20:14 | 148 | 1:22:50 |

| | | | | | | | | | | | |
|-----|--------------------------|---------------------------|----------|----|-------|-----|-------|-----|---------|-----|---------|
| 186 | Heineccius, Bodo | Neustrelitz | 1960 M40 | 70 | 13:25 | 108 | 45:47 | 216 | 23:54 | 225 | 1:23:07 |
| 187 | Drießen, Heinz | Neustrelitz | 1943 M60 | 4 | 15:03 | 209 | 42:50 | 169 | 25:16 | 245 | 1:23:10 |
| 188 | Czinna, Olaf | Neubrandenburg | 1968 M40 | 71 | 14:27 | 170 | 45:32 | 211 | 23:33 | 221 | 1:23:33 |
| 189 | Schwabe, Robert | Burg Stargard | 1969 M30 | 42 | 13:13 | 98 | 41:09 | 141 | 29:15 | 271 | 1:23:38 |
| 190 | Kienitz, Tobias | Traktor Rom | 1976 M30 | 43 | 14:38 | 185 | 43:05 | 175 | 26:02 | 252 | 1:23:46 |
| 191 | Hensel, Peter | Neustrelitz | 1982 M20 | 45 | 14:52 | 201 | 46:53 | 230 | 22:12 | 198 | 1:23:58 |
| 192 | Jäckel, David | Güstrow | 1987 M20 | 46 | 16:25 | 257 | 48:38 | 247 | 19:02 | 104 | 1:24:06 |
| 193 | Boggasch, Daniel | Useriner Zuchtbullen 1981 | 1981 M20 | 47 | 15:13 | 217 | 47:09 | 235 | 21:48 | 189 | 1:24:11 |
| 194 | Mandelkow, Bernd | chemnitz lions | 1960 M40 | 72 | 14:40 | 188 | 46:17 | 225 | 23:22 | 217 | 1:24:20 |
| 195 | Vetter, Andreas | Berliner Haie | 1963 M40 | 73 | 14:45 | 192 | 43:37 | 183 | 26:20 | 256 | 1:24:43 |
| 196 | Franke, Ronald | Templin | 1979 M20 | 48 | 15:13 | 215 | 47:37 | 239 | 21:56 | 192 | 1:24:47 |
| 197 | Berg, Reinhard | Neustrelitz | 1956 M50 | 15 | 15:56 | 240 | 47:01 | 231 | 21:51 | 191 | 1:24:49 |
| 198 | Reemer, Reinhard | Ritzerow | 1961 M40 | 74 | 15:31 | 224 | 47:03 | 232 | 22:26 | 206 | 1:25:01 |
| 199 | Albrecht, Nico | coyote | 1977 M30 | 44 | 16:08 | 245 | 48:57 | 251 | 19:57 | 141 | 1:25:02 |
| 200 | Kel, Darios | Neustrelitz | 1980 M20 | 49 | 16:14 | 249 | 48:16 | 243 | 21:11 | 172 | 1:25:42 |
| 201 | Jahnke, Steffen | FSV Neustrelitz | 1963 M40 | 75 | 15:16 | 219 | 50:12 | 260 | 20:15 | 149 | 1:25:44 |
| 202 | Preuß, Matthias | Neustrelitz | 1978 M30 | 45 | 16:19 | 252 | 46:36 | 228 | 23:07 | 212 | 1:26:04 |
| 203 | Stoll, Michael | Woldegk | 1968 M40 | 76 | 16:56 | 264 | 45:44 | 215 | 23:25 | 218 | 1:26:07 |
| 204 | Karl, Joachim | Triathlontreffen e.V. | 1947 M60 | 5 | 14:20 | 162 | 43:48 | 188 | 28:13 | 265 | 1:26:22 |
| 205 | Mißling, Klaus-Dieter | Neustrelitz | 1958 M50 | 16 | 15:42 | 232 | 46:08 | 222 | 25:56 | 251 | 1:27:48 |
| 206 | Fricke, Gerald | Wesenberg | 1959 M40 | 77 | 15:59 | 242 | 45:38 | 212 | 26:11 | 254 | 1:27:49 |
| 207 | Eckenbrecht, Hans-Jürgen | SV Einheit Ueckermünde | 1949 M50 | 17 | 18:37 | 275 | 46:44 | 229 | 22:32 | 208 | 1:27:54 |
| 208 | Kurth, Olaf | ITmedia-Nord | 1966 M40 | 78 | 14:41 | 189 | 45:48 | 217 | 27:44 | 264 | 1:28:14 |
| 209 | Jäger, Martin | Traktor Rom | 1975 M30 | 46 | 16:03 | 244 | 45:58 | 219 | 26:23 | 257 | 1:28:25 |
| 210 | Kuhlow, Gerd | Plau am See | 1964 M40 | 79 | 15:35 | 228 | 50:27 | 261 | 22:44 | 209 | 1:28:47 |
| 211 | Baade, Peer | Lafit-Sport | 1968 M40 | 80 | 15:50 | 237 | 47:05 | 234 | 26:07 | 253 | 1:29:03 |
| 212 | Kriewald, Mathias | Neustrelitz | 1982 M20 | 50 | 16:28 | 260 | 54:15 | 269 | 19:08 | 105 | 1:29:52 |
| 213 | Häusser- Nixdorf, Hagen | Neustrelitz | 1972 M30 | 47 | 15:08 | 213 | - | - | 1:14:45 | - | 1:29:54 |
| 214 | Christ, Dirk | Wesenberg | 1980 M20 | 51 | 15:04 | 212 | 51:52 | 265 | 23:20 | 215 | 1:30:17 |
| 215 | Krappmann, Christian | Wittenberg | 1980 M20 | 52 | 15:36 | 229 | 54:59 | 270 | 20:00 | 143 | 1:30:36 |
| 216 | Möhl, Andre | Panketal | 1980 M20 | 53 | 14:13 | 158 | 50:11 | 259 | 26:16 | 255 | 1:30:40 |
| 217 | Gehrlich, Maximilian | WSV Neustrelitz | 1991 M16 | 15 | 16:53 | 263 | 46:01 | 220 | 28:14 | 266 | 1:31:09 |
| 218 | Kramer, Helge | Grünes Neustrelitz | 1962 M40 | 81 | 15:41 | 231 | 50:38 | 262 | 25:40 | 247 | 1:32:01 |
| 219 | Benkmann, Fred | Pasewalk | 1960 M40 | 82 | 14:12 | 157 | 57:28 | 276 | 20:32 | 160 | 1:32:13 |
| 220 | Hane, Bernd | Dähre | 1957 M50 | 18 | 13:01 | 90 | 48:44 | 249 | 30:33 | 274 | 1:32:19 |
| 221 | Lenz, Stefan | Fred_NB | 1988 M20 | 54 | 14:24 | 167 | 48:16 | 242 | 30:28 | 273 | 1:33:09 |
| 222 | Schwesow, Norbert | Neustrelitz | 1966 M40 | 83 | 19:51 | 279 | 51:59 | 267 | 21:42 | 185 | 1:33:33 |
| 223 | Vetter, Matthias | Halle | 1969 M30 | 48 | 17:55 | 272 | 48:45 | 250 | 27:21 | 262 | 1:34:03 |
| 224 | Wanzek, Michael | Neustrelitz | 1967 M40 | 84 | 16:14 | 250 | 55:29 | 271 | 24:00 | 227 | 1:35:44 |
| 225 | Engel, Ulrike | Engel and Friends Bad Orb | 1960 W40 | 18 | 18:53 | 276 | 49:04 | 252 | 28:43 | 270 | 1:36:41 |
| 226 | Lüthgarth, Christian | Wittenberge | 1989 M16 | 16 | 16:58 | 265 | 56:56 | 274 | 28:16 | 267 | 1:42:11 |
| 227 | Fischer, Susan | Potsdam | 1976 W30 | 7 | 19:24 | 277 | 55:29 | 272 | 28:34 | 269 | 1:43:28 |
| - | Weber, Jens | Rostock | 1959 M40 | - | 13:28 | 114 | 37:03 | 67 | - | - | - |
| - | Rößler, Ronny | Woldegk | 1981 M20 | - | 11:13 | 36 | - | - | - | - | - |
| - | Fenger, Marcus | Team Fenger | 1990 M16 | - | 13:26 | 111 | - | - | - | - | - |
| - | Knospe, Jörg | SV Turbine Neubrandenbur | 1957 M50 | - | 14:07 | 154 | - | - | - | - | - |
| - | Gottschalk, Rico | Anklam | 1988 M20 | - | 14:14 | 160 | - | - | - | - | - |